

# RESOURCES AVAILABLE TO YOU

01

## Emergency Assistance

DV: (800)-799-7233  
Restraining Orders: (213)-830-0845  
Immigration: (888)-624-4752  
Food Assistance: 211  
Veteran Crisis line: (800)-273-8255  
Child Abuse: (800)-640-4000  
Elder Abuse: (877)-477-3646  
Victims of Crime: (213)-978-4537



02

## Housing

Emergency Shelter: 211  
Evictions: (213) 443- 2353  
evictions@innercitylaw.org  
Tenant Assistance: (213)-483-7497



03

## Transportation

Reduced Fare Pass: (213)-680-0064  
Mon-Fri 8-11:30am  
www.taptogo.net/Reduced-Fare  
Access Bus Rides: (800) 827-0829  
accessla.org



04

## Hotlines

Dept of Mental Health: 800-854-7771  
LGBTQ+ : (888) -843-4564  
Suicide Prevention: (800) 273-8255  
Sexual Assault: (800) 656-4673  
Trans Lifeline: (877)-565-8860



05

## Legal Assistance

Labor and Wage Violations:  
CA Division of Labor Standards  
Enforcement  
(213)-620-6330

Bet Tzedek Legal (323)-939-0506



06

## Food

Food Bank: (323)-234-3030  
Foodfinder: 211la.org  
Emergency Food Assistance: 211  
Free Meals for Seniors: (800)510-2020  
Free Pet Food: (213)-326-2788



07

## Financial Assistance

Taxpayer Clinic: Bet Tzedek Legal  
Services (323)-939-0506  
Interest Free Loans: jfla.org  
Credit Counseling: (800)-593-8222 (option 0)



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08

## HEALTH



Free Healthcare: (844)-744-6452  
My health: [dhs.lacounty.gov/mhla](https://dhs.lacounty.gov/mhla)  
Planned Parenthood: (800)-576-5544  
Substance Use: (800)-662-4357  
Free Dental: 211  
HIV Testing: (800)-758-0880  
Free Diapers: (213)-251-3400



09

## TECHNOLOGY

Fraud/Scam Assistance  
CA Dept of Consumer Affairs  
(800)-952-5210  
Public Counsel (213)-285-2977 (opt 3)  
Discounted Cellphones and Internet: CA  
lifelines: (877)-858-7463

10

## UTILITY ASSISTANCE



Los Angeles DWP: (800)-DIAL-DWP  
SoCal Edison: (866)-675-6623  
SoCal Gas: (800)-427-2200  
In-Home Supportive Services:  
(888)-944-4477